



LAGO VISTA ISD CRISIS & COUNSELING RESOURCES

This document is a resource to provide the Lago Vista community with information regarding crisis and counseling services. The information in this document is offered strictly as a resource and should not be considered to be a referral, recommendation, or endorsement for any particular service provider or organization. This information is not all-inclusive and is offered only for the convenience and support of the Lago Vista community. Lago Vista ISD assumes no responsibility for the services or content appearing on the websites of the providers listed in the resource.

Lago Vista ISD strives to provide the most updated information for the convenience of our students, parents, and the community. However, if you are aware of any missing or outdated information, or wish to recommend any additions, please contact:

Tina Pasak
Assistant Superintendent
tpasak@lagovistaisd.net

HOTLINES, TEXT/CHAT HELP FOR CRISIS & COUNSELING

Local/Texas

Austin Travis County Crisis Hotline

(512) 472-HELP (4357)
(844) 398-8252 (Toll Free)

The Crisis Hotline provides 24/7 access to licensed counselors. Hotline callers receive immediate assessments, crisis intervention services (if needed), and referral to additional community resources. If this is a medical emergency, please call 911.

Austin Youth Helpline/Lifeworks 24-Hour Hotline

(512) 735-2400

Call after-hours if you are a youth in crisis, or a parent of a youth under the age of 18 in crisis. Services for families eligible for Services to At-Risk Youth (STAR) via the Texas Department of Family and Protective Services may be served free of charge.

Psychiatric Emergency Services – Integral Care

(512) 472-4357

PES provides 24-hour confidential crisis counseling, as well as linkage and referrals to emergency mental health services.

Safe Place Hotline

(512) 267-SAFE

Domestic Violence and Sexual Assault Survival Center provides crisis intervention, prevention, and long-term support to survivors of sexual and domestic violence in the Austin/Travis County area.

Texas Department of Family & Protective Services – Abuse and Family Violence Hotline

(800) 252-5400 (Toll Free)

Receives and investigates all abuse and neglect complaints.

Texas Youth Hotline and Textline

(800) 989-6884 (Toll Free)

(512) 872-5777 (Text)

This is a confidential hotline is answered by staff and volunteers who are dedicated to helping families in need of assistance. After assessing your problems, advocates will help you consider options, explore the facts, and develop a sensible plan of action. Contact the Texas Youth Hotline any time, day or night to discuss your problem. It's free and volunteer advocates are available to help 24 hours a day, 7 days a week. Standard text messaging rates apply.

National

Boys Town National Hotline (800) 448-3000 (Toll Free) Text VOICE to 20121

The Boys Town National Hotline is open 24 hours a day, 365 days a year, and is staffed by specially trained Boys Town counselors. Open to all teens, male and female. Spanish-speaking counselors and translation services representing more than 140 languages are available, along with a TDD line (1-800-448-1833), which allows counselors to communicate with speech-impaired and deaf callers. Text messaging is now available to teens who are uncomfortable making a phone call (Text VOICE to 20121). Standard text messaging rates apply. Instant messaging or “online chat” is also available to teens at yourlifeyourvoice.org. (Monday-Friday, 6pm-Midnight)

Covenant House Nineline (800) 999-9999 (Toll Free)

Talk to a counselor any time, day or night.

Crisis Textline Text WELL to 741-741

Text with a trained crisis counselor through Crisis Text Line. Anonymous, free emotional support available 24/7. To learn more visit <http://www.crisistextline.org>.

ImAlive.Org Crisis Chat and Hotline (800) 442-4673 (442-HOPE)

<http://www.imalive.org> (M/TH 6-11:30pm, T/W/F 6-9:30pm)

Provide help and hope through online suicide crisis chat, suicide crisis hotlines, and other educational programs. It's free and confidential.

Lifeline Crisis Chat (800) 273-8255 (24/7 – Toll Free)

<http://www.crisischat.org> (Daily 1pm – 1am)

Lifeline Crisis Chat is a service of the National Suicide Prevention Lifeline in partnership with CONTACT USA. It is the first service of its kind where crisis centers across the United States have joined together to form one national chat network that can provide online emotional support, crisis intervention, and suicide prevention services.

National Hopeline Helpline (800) SUICIDE or (800) 784-2433 (Toll Free)

Callers to 1-800-SUICIDE reach an AAS-certified suicide crisis center whose staff is highly trained in de-escalating crises and in performing appropriate interventions, particularly if a suicide seems imminent. Crisis centers maintain resource lists for human resources and services in their areas of operation, which enables them to refer callers to mental health treatment and other services, as appropriate.

National Suicide Prevention Lifeline (800) 273-8255 (Toll Free)

No matter what problems you are dealing with, you'll be connected to a skilled, trained counselor at a crisis center in your area, anytime 24/7.

Poison Control Center (800) 222-1222 (Toll Free)

24-hour emergency service hotline for poison related assistance

The TREVOR Project (866) 488-7386 (Toll Free) Text TREVOR to (202) 304-1200

Help for lesbian, gay, bisexual, transgender and questioning youth. Trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. TrevorChat is a free, confidential and secure instant messaging service that provides live help to LGBTQ youth. Available 7 days a week (3:00 p.m. - 9:00 p.m. ET / 12:00 p.m. - 6:00 p.m. PT). TrevorText is a confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages. Available on Fridays (4:00 p.m. - 8:00 p.m. ET / 1:00 p.m. - 5:00 p.m. PT). Text the word “Trevor” to 1-202-304-1200. Standard text messaging rates apply.

Youth America Hotline

(877) 968-8454 (YOUTHLINE) (Toll Free)

Provides counseling for teens by teens trained in peer-to-peer counseling.

SOCIAL MEDIA RESOURCES FOR REPORTING SELF-HARM/SUICIDE CONCERNS

Facebook

<https://www.facebook.com/help/contact/305410456169423>

Anonymously report someone as suicidal on Facebook and a member of the Facebook's Safety Team will send the user an email with the Lifeline number and possibly a link to chat with a Lifeline Counselor.

Instagram

If you see a post that you feel might be related to self-harm or some kind of other mental health issue, you can flag the post to send an anonymous report. Every flagged post is reviewed by Instagram's team. If it agrees that it could be a threat of suicide or self-injury, the user who posted it will see a notification that says "Can we help?" with a message reading, "Someone saw one of your posts and thinks you might be going through a difficult time. If you need support, we'd like to help." This prompt also offers three options: "Talk to a friend," "Contact a helpline" and "Get tips and support." Instagram says it has partnerships with more than 40 different organizations around the world that specialize in offering support services to people who are contemplating suicide and other self harm.

Twitter

<https://support.twitter.com/forms/suicide>Select "Self-Harm" to send an e-mail to Twitter reporting a suicidal user. Twitter will send the user a direct message with the Lifeline number.

YouTube

To report suicidal content, click on the flag icon under a video and select "harmful Dangerous Acts" and then "Suicide or Self-Injury." YouTube will then review the video and may send a message to the user with the Lifeline Number.

Tumblr

Write an e-mail to Tumblr about a suicidal user with as much information as possible including the URL of the Tumblr blog. A member of Tumblr's Safety Team will send the user an email with the Lifeline Number.

LOCAL CRISIS & COUNSELING RESOURCES

2-1-1 Texas/United Way Navigation Center

Dial 211

(512) 472-HELP

Confidential and multilingual service available 24 hours a day, 7 days a week with trained knowledgeable staff who will help connect you with various community resources.

Website: <http://www.unitedwaycapitalarea.org>

Austin Family Institute

(512) 329-6611

This agency is a private practice group led by Michael Bishop, LMFT, and Liz Gentry, LMFT. They provide individual, marriage, and family counseling to children and adults. They also provide group services in some of the middle schools on anger management, divorce, and grief and loss. Offers sliding fee scale.

4407 Bee Caves Rd, Suite 320, Austin, TX

Website: <http://www.austinfamilyinstitute.org/>

Austin Center for Life Enrichment

(512) 451-9809

This agency provides counseling for children, adults, and couples using a holistic approach. Sliding fee scale available. Some insurance accepted.

8705 Shoal Creek, Suite 101, Austin, TX

Austin LifeWorks Youth & Adult Counseling

(512) 735-2100

LifeWorks serves individuals, families, adults, or couples seeking in-office counseling, additional resources, and referrals for specialized care. Youth & Adult Counseling is offered on a sliding scale, ranging from \$25 - \$125/session.

Website: http://www.lifeworksaustin.org/youth_adult.html

Austin Travis County Integral Care-Child & Family Mental Health Services

(512) 472-4357

Outpatient services include clinic, school and home-based counseling and skills training for youth and their families. During the initial intake assessment, a therapeutic treatment plan is established in collaboration with the youth and their guardians. Treatment plan options may include individual therapy, skills training, family counseling, psychiatric evaluation, medication services, medication education and routine case management services. Eligibility is reviewed and established at the time of initial intake evaluation for children 3-18 years of age experiencing serious mental health or substance use issues.

Website: <http://www.integralcare.org/content/outpatient-services>

Austin Travis County Integral Care - Psychiatric Emergency Services Clinic

(512) 472-HELP (4357)

PES is a walk-in psychiatric emergency service clinic open 24/7 and is staffed by licensed clinicians, psychiatrists, nurses, and qualified mental health professionals. PES provides psychiatric assessment, crisis intervention, linkage with resources, and physician services to children/youth and adults experiencing psychiatric distress. PES works like the 24/7 Crisis Hotline, in that it is where individuals can go for an initial assessment for services. PES staff works closely with other Integral Care programs, local emergency rooms, and the Crisis Intervention Teams (CIT) of Austin Police Department and Travis County Sheriff's Department. You can also visit Integral Care's 24/7 walk-in Psychiatric Emergency Services clinic:

Nadine L. Jay Bldg

56 East Ave, Austin, TX 78701

Accessible through Capital Metro Bus Routes 17, 21, or 22

Website: <http://www.integralcare.org/content/psychiatric-emergency-services-pes>

Austin Travis County Integral Care (ATCIC) Mobile Crisis Outreach Team (MCOT)

(512) 472-HELP (4357)

Composed of medical and mental health professionals, MCOT responds immediately on-site where a psychiatric crisis is occurring. MCOT is available 24/7 and responds to calls from the home, school, street or clinic.

Note: This resource is NOT for an immediate emergency, but rather for a crisis that is not an immediate threat; the team may take a couple of hours to get to you.

Website: <http://www.integralcare.org/content/mobile-crisis-outreach-team-mcot>

Capital Area Counseling (CAC)

(512) 302-1000

CAC provides psychological counseling for individual adults, couples, families, and children. Group therapy is also available. Sliding fee scale based on income. Low-cost, long-term therapy is available for individuals and couples over 16 years of age who are not in immediate crisis. Appointments are available 7 days a week, with evening appointments M-F.

2824 Real Street, Austin, TX 78722

Website: <http://www.cacaustin.org>

Capital Area Mental Health

(512) 302-1000

This agency provides low-cost, no-session-limit counseling to individuals, couples, families, and groups. Sliding fee scale (\$8-\$30). No insurance.

1106 Clayton Lane, Suite 105, Austin, TX

Website: <http://www.camhc.org>

For the Love of Christi

(512) 467-2600

Services are free to grieving people, for as long as they need them, and open to anyone ages 5 and up – regardless of nature of loss, income, or any other circumstances. Offer peer-based, loss-specific grief support groups for children, teens, and adults (i.e., loss of a child, spouse, or any other significant relationship). Groups are facilitated by extensively trained facilitators and supervised by a licensed social worker. Also offer special groups that serve victims and family members of violent crime and suicide.

Website: <http://christicenter.org/>

Hospice Austin

(512) 342-4700

This agency provides a variety of group counseling support services to address the needs of those dealing with grief and loss. Group fees: \$25 one time donation for 6-week group. Individual counseling is available free for Hospice Austin patients and their families; otherwise it is \$60 per session or on sliding fee scale. They also offer Camp Braveheart in the summer, which is a 3-day, 2-night camp for children ages 6 to 17 that have lost a loved one. The camp is free of charge.

4107 Spicewood Springs Rd, Suite 100, Austin, TX

Website: <http://www.hospiceaustin.org/>

Integral Care of Austin/Travis County

(512) 447-4141

Formerly MHMR - Mental Health/ Mental Rehabilitation services. Provides a variety of services addressing the mental health needs of children.

1430 Collier St, Austin, TX 78704

Website: <http://www.integralcare.org>

Intervention Services-Community Based Services

(512) 763-0478

This agency provides outpatient psychotherapy for children, adolescents, adults, families, and couples. Also offers play therapy and group therapy. Sliding scale from \$0 (for those who are below 50% of the poverty level) \$12.50, \$18.75, \$25 to full fee. Accepts Medicare, Medicaid, private insurance, self-pay.

8731 Shoal Creek Blvd, Austin, TX and 605 E. University, Georgetown, TX

Website: <http://www.interventionservices.org>

Jonestown Community Center – Travis County Health and Human Services and Veterans Service

(512) 854-1500

On-staff social worker provides clinical case management services to any residents of Travis County who want to develop a plan and create change in their lives. All Travis County residents are eligible to receive social work services; however eligibility criteria do apply for financial assistance and other programs. Services include:

- One Time Rent/Mortgage Assistance
- Financial Assistance for Utilities
- Home Repairs and Energy Efficiency Home Repair
- Clothing Closet
- Case Management Services/Brief Counseling Services

18649 FM 1431 Ste. 6A, Jonestown, TX

Website: <https://www.traviscountytexas.gov/health-human-services/individuals-families/jonestown>

LifeWorks

(512) 735-2400

This agency provides free counseling to youths, ages 7-17, and their families who are experiencing conflict with truancy, family, school, law, abuse, crime, abandonment, or homelessness; individual adults who face stressful life challenges; and couples who experience conflict. Also assists those affected by family violence. The agency also offers an emergency shelter for adolescents.

8913 Collinfield Dr, Austin, TX 78758

Website: <http://www.lifeworksaustin.org>

My Healing Place

(512) 472-7878

A non-profit organization focused on grief and trauma with the mission to assist children and adults as they move from loss to life, transforming their grief through therapy, support, education, training and consultation.

8401 Shoal Creek Blvd, Austin, TX 78757

Website: <http://myhealingplace.org/>

NAMI (National Alliance for the Mentally Ill)

(512) 420-9810

Information and referrals, support groups for those affected by mental illness.

Website: <http://www.namiauustin.org>

New Pathways, Inc.

(512) 716-0001

TTY: (512) 716-0002

Provides licensed, professional counseling to individuals, groups, and families for children, adolescents, and adults. Specialization is working with at-risk youth, juvenile offenders, and the special needs community, including the deaf and hard-of-hearing. Counseling available in American Sign Language. Ongoing counseling groups are offered. Offers sliding fee scale (\$8-\$72/hr); accepts self-pay, Medicare, Medicaid, and private insurance.

102 Old Bowman Rd., Suite C, Round Rock, TX

Website: <http://www.newpathwaystherapy.com/>

Safe Place

(512) 267-7233

For survivors of sexual or domestic violence. Although immediate safety for survivors and their families is the first concern, SafePlace provides additional support for survivors during their healing process. This support can help survivors move beyond the violence and trauma. One of the most important ways that healing can occur is through counseling for survivors of sexual or domestic violence.

1401 Grove Blvd, Austin, TX 78741

Website: <http://www.safeaustin.org/safeplace/>

Samaritan Center for Counseling and Pastoral Care

(512) 451-7337

(512) 451-7337

Provides counseling to individuals, couples, and families. Counselors are trained in behavioral sciences and in spirituality; religious resources are available. Also provides "Children Caught in the Middle," a class for divorcing parents. Accepts Medicare and private insurance; scholarships available to those who are eligible; \$15 fee for intake appointment.

5425-A Burnet Road – (512) 451-7337

1420 Palm Valley Blvd, Round Rock, TX – (512) 451-7337

Website: <http://www.samaritan-center.org>

STAR Health

(866) 218-8263 (Toll Free)

Behavioral Health Services (IMH-Integrated Mental Health). STAR Health provides healthcare to children in the Texas foster care program. Superior HealthPlan (Superior) offers the services under a contract with the Texas Health and Human Services Commission (HHSC). Superior works with many doctors, clinics and hospitals to care for children in foster care. STAR Health members can get regular checkups, exams, primary care and specialist care when needed. Superior wants to help all children in foster care get well and stay well.

Website: <https://www.fostercaretx.com/welcome-to-star-health/>

Travis County Crisis Intervention Team (TCCIT)

(512) 854-3445

The Travis County Sheriff's Office (TSCO) Crisis Intervention Team (CIT) is a group who is specifically trained to respond to persons in mental crisis. The Crisis intervention team has two primary purposes:

- Responding to emergency calls involving mental health consumers in a mental crisis
- Diverting consumers from the criminal justice system and connecting them with mental health services

Website: <https://www.tcsheriff.org/departments/law-enforcement/central/crt>

Texas Inmate Families Association (TIFA)

(512) 371-0900

Support and education of families affected by having a loved one in the Texas Criminal Justice System.

Austin Chapter - 4430 Manchaca Rd, Austin, TX 78745

Website: <http://www.tifa.org>

Waterloo Counseling

(512) 444-9922

Support and provide services to gay, lesbian, bisexual, transgender, and questioning youth ages 12 to 19 in Austin and Central Texas. We offer peer support groups, counseling, educational programs, social activities and community outreach.

314 E Highland Mall Blvd #301, Austin, TX 78752

Website: <http://www.waterloocounseling.org>

ADOLESCENT SUBSTANCE ABUSE RESOURCES

ALATEEN Information Center

(512) 441-8591

(888) 287-2115

Group support for families dealing with an alcoholic member. Call for locations. Teen and pre-teen programs available.

6301 Manchaca Road, Ste. F, Austin, TX 78745

Website: www.austinalanon.org

Alcoholics Anonymous

(512) 444-0071

Non-profit fellowship of individuals for whom alcohol has become a major problem. Recovering alcoholics attend group meeting at various locations.

1825 Fortview Road Suite #104 Austin, TX 78704

Website: <http://www.austinaa.org>

Austin Drug & Alcohol Abuse Program - ADAAP (English or Spanish)

(512) 454-8180

Intensive outpatient program, 6-week program with one-year aftercare.

7801 N. Lamar Blvd., Building D #109, Austin, TX 78752

Website: <http://www.adaap.com>

Austin Travis County Integral Care-Child & Family Mental Health Services

(512) 472-4357

Outpatient services include clinic, school and home-based counseling and skills training for youth and their families. During the initial intake assessment, a therapeutic treatment plan is established in collaboration with the youth and their guardians. Treatment plan options may include individual therapy, skills training, family counseling, psychiatric evaluation, medication services, medication education and routine case management services. Eligibility is reviewed and established at the time of initial intake evaluation for children 3-18 years of age experiencing serious mental health or substance use issues.

Website: <http://www.integralcare.org/content/outpatient-services>

Austin Recovery

(512) 697-8600

(800) 373-2081

Residential facility for chemically dependent women and men.

8402 Cross Park Dr., Austin, TX, 78754

Website: <http://www.austinrecovery.org>

Austin Travis County Integral Care – Adolescent Substance Abuse Outpatient Treatment Services

(512) 804-3101

Adolescent Substance Use Outpatient Treatment Services provide comprehensive drug and alcohol education and services for adolescents and families of adolescents, age 13-18 who are experiencing substance use issues. During the initial intake assessment, an adolescent substance use treatment plan is established in collaboration with the youth and their legal guardian. Treatment plans include individual counseling, group therapy, family education, communication skills, conflict resolution, refusal skills training, relapse prevention and in-home counseling visits.

Monday – Friday flexible hours

825 E. Rundberg Ln, Austin, TX 78753

Accessible by Capital Metro Transit Bus Route 10

Website: <http://www.integralcare.org/content/adolescent-substance-use-outpatient-treatment-services>

Clean Investments Inc.

(512) 477-6690

Provides outpatient substance abuse services and substance abuse assessments. Provides Level III intensive outpatient treatment and Level IV supportive outpatient treatment. Groups meet Monday - Friday at 5:30pm and 9:00pm. Accepts clients age 13 and older. Accepts Medicaid, self pay & contracts; self-pay varies: intensive program \$675/mo., supportive program \$75/month.

2406 Manor Rd, Austin, TX

Website: <http://www.cleaninvestmentsinc.com/>

Drug Free Texas Helpline

(877) 966-3784 (Toll Free)

Confidential and 24/7 help for substance abuse. English/Spanish.

Federal Substance Abuse and Mental Health Services - Information and Treatment Referrals

(800) 662-4357 (Toll Free)

Referrals to groups dealing w/substance addiction. Recorded message will give information regarding meetings or you can speak to an operator.

Narcotics Anonymous

(512) 480-0004

Non-profit fellowship of individuals for whom drugs had become a major problem. Recovering addicts group meetings. Various locations.

Website: <http://www.ctana.org>

OSAR—Outreach Screening and Referral

(800)-508-0834 (Toll Free)

OSAR is a free service for individuals who feel that they have issues and/or problems with drugs and/or alcohol. OSAR will work with the individual, family and support system in helping to find the appropriate level of care in the community. They can provide confidential alcohol and drug screenings and assessments, crisis intervention, motivational counseling and brief intervention, education and support, help identify appropriate levels of care/service in the community and assist individuals in obtaining care/service in the community. OSAR is a free service for all Texas residents and serves the following counties: Travis, Williamson, Burnet, Bastrop, Caldwell, Lee, Fayette and Hays. For crisis intervention, call toll free 1-800-508-0834.

For information on treatment resources and for screenings and referrals call:

Austin: 56 East Ave, Austin, TX 78701 - (512) 703-1359 or (512) 703-1358

Round Rock: 1009 N. Georgetown Street, Round Rock, TX 78664 - (512) 244-8448 or (512) 244-8249 or (512) 244-8484

Website: <http://www.bluebonnetmhmr.org>

PDAP—Palmer Drug Abuse Program

(512) 927-0422

PDAP provides free services to teenagers and young adults who seek and have a desire to live a life free from the effects of drugs and alcohol. Based on the 12 Step model, provides support and education for living a chemical free life. It is not necessary for a young person to be a chemical abuser to participate. Offers a Youth Group (Ages 15-20, younger students may be included based on maturity) every Monday and Thursday 7:00 to 8:00 pm at Riverbend Church Quad 1. Groups are highly supervised by PDAP staff to insure the safety of younger participants. Please visit the website to get the most up-to-date meeting locations. PDAP also offers a Parent Group every Monday and Thursday at the same locations. Parent groups are held at the same time and location (separate room) as the Youth Groups.

2000 Lipanes Trail, Austin, TX 78733

Website: <http://www.pdapaustin.org/>

Phoenix House-Phoenix Academy Admissions

(512) 440-0613 Ext. 4745

(888) 839-3784 Toll-free (888-TEX-DRUG)

Provides substance abuse services for teenagers, ages 13 to 16 ½. Includes residential treatment facility, day treatment program, and intensive outpatient treatment program. Residential facility provides 24-hour supervision, full academic program, individual and group counseling, and family groups. Program gives priority to pregnant teens. Accepts youth who are court-ordered to seek treatment. Youth must not have any history of arson, or sex offenses, and must have an IQ at or above 70. Fees: Assessments are free; other services: offers sliding scale to income eligible, may slide to \$0; accepts self-pay.

400 W. Live Oak St., Austin, TX.

Website: <http://www.phoenixhouse.org>

Renaissance Chemical Dependency Intensive Program

(512) 452-0361

Provides inpatient detox and outpatient treatment for people with problems with substance abuse. Includes individual, group and family counseling, and orientation to Alcoholics Anonymous and AI-Anon support groups. Fees vary by service; accepts private insurance and self-pay.

Seton Shoal Creek, 3501 Mills Ave.

Website: <http://www.seton.net>

Teen and Family Services Austin

(713) 464-3950

A non-profit organization specifically designed to meet the needs of teenagers and families struggling to manage adolescent substance abuse. For more information or to schedule a free assessment of your youth, please call 713-464-3950.

Texas Department of State Health Services Mental Health and Substance Abuse Division

(877) 966-3784 (Toll Free)

To find substance abuse treatment services in your area, please call, toll free, 1-877-9-NO DRUG (1-877-966-3784) for immediate and confidential help, 24 hours a day, seven days a week.

Website: <http://www.dshs.state.tx.us/mhsa>

IN-PATIENT/HOSPITALIZATION RESOURCES

Austin Travis County Integral Care - The Inn (Mental Health and/or Substance Abuse; 18+)

(512) 472-4357

The Inn provides short-term community-based residential crisis treatment to adults who are residents of Travis County. The Inn is open 24/7 and is co-located with Psychiatric Emergency Services, Mobile Crisis Outreach Team, and the 24/7 Crisis Hotline. The Inn provides residential services, medication stabilization, around-the-clock nursing services, psychosocial rehabilitative skills training, case management and group treatment. The Inn is a sixteen-bed facility serving adults 18 years and older and works in close conjunction with other Integral Care programs, inpatient hospital programs, substance use service providers and other community providers.

Nadine L. Jay Bldg.

56 East Ave, Austin, TX 78701

Take Capital Metro Transit Bus Routes 17, 21 or 22

Website: <http://www.integralcare.org/content/inn>

Austin Recovery (Substance Abuse)

(512) 697-8600

(800) 373-2081

Residential facility for chemically dependent women and men.

8402 Cross Park Dr., Austin, TX 78754

Website: <http://www.austinrecovery.org>

Phoenix House (Substance Abuse)

(512) 440-0613 Ext. 4745

(888) 839-3784 Toll-free (888-TEX-DRUG)

Provides substance abuse services for teenagers, ages 13 to 16 ½. Includes residential treatment facility, day treatment program, and intensive outpatient treatment program. Residential facility provides 24-hour supervision, full academic program, individual and group counseling, and family groups. Program gives priority to pregnant teens. Accepts youth who are court-ordered to seek treatment. Youth must not have any history of arson, or sex offenses, and must have an IQ at or above 70. Fees: Assessments are free; other services: offers sliding scale to income eligible, may slide to \$0; accepts self-pay.

400 W. Live Oak St., Austin, TX

Website: <http://www.phoenixhouse.org>

Renaissance Chemical Dependency Intensive Program (Substance Abuse)

(512) 452-0361

Provides inpatient detox and outpatient treatment for people with problems with substance abuse. Includes individual, group and family counseling, and orientation to Alcoholics Anonymous and Al-Anon support groups. Fees vary by service; accepts private insurance and self-pay.

Seton Shoal Creek, 3501 Mills Ave, Austin, TX

Website: <http://www.seton.net>

Seton Shoal Creek Hospital (Mental Health and/or Substance Abuse)

(512) 324-2000

Offers stabilization for patients dealing with issues such as emotional crises, depression, and drug and alcohol dependence on a 24-hour basis. For those individuals requiring less intensive, longer-term treatment, outpatient services are offered. Licensed staff members are on-call 24 hours a day to address the mental health needs of patients and their families. The hospital facilitates a wide range of support groups that meet on a regular basis.

3501 Mills Ave, Austin, TX 78731

RESOURCES FOR YOUTH IN/AGING OUT OF FOSTER CARE

ACTS (After Care Transitional Services) Program at LifeWorks

(800) 414-5457 (Toll Free)

(512) 735-2425

Case management, crisis intervention, resource referral and additional life skills education for youth leaving or out of foster care.

8913 Collinfield Dr., Austin 78758

Website: <http://www.lifeworksaustin.org>

Austin Community College (ACC) Campus Champions

(512) 223-5106

Campus champions on each ACC campus to assist youth in/out of foster care with any aspect of ACC college life. Call to get contact info for your campus. Coordinator: Loretta Edelen.

Education Training & Voucher Program

(210) 332-8521

(877) 268-4063

(210) 208-5605 fax

Provides postsecondary educational and training vouchers (ETV) to eligible youth who are in/aged out of foster care, or who are adopted from foster care after turning 16 years old.

Region 7 ETV Coordinator: Marisol Lopez, marisol.lopez@bcfs.net

Foster Care Alumni of America (FCAA)

Connect the alumni community, promote advocacy and to ensuring opportunity for people in and from foster care.

Website: <http://www.fostercarealumni.org>

STAR Health

(866) 218-8263 (Toll Free)

Behavioral Health Services (IMH-Integrated Mental Health). STAR Health provides healthcare to children in the Texas foster care program. Superior HealthPlan (Superior) offers the services under a contract with the Texas Health and Human Services Commission (HHSC). Superior works with many doctors, clinics and hospitals to care for children in foster care. STAR Health members can get regular checkups, exams, primary care and specialist care when needed. Superior wants to help all children in foster care get well and stay well.

Website: <https://www.fostercaretx.com/welcome-to-star-health/>

Texas Foster Youth Justice Project

(877) 313-3688 (Toll Free)

Help current and former foster youth understand their legal rights, provide legal advice, assistance, guidance and representation in enforcing foster youth rights, and educate the general public about the legal needs and concerns of foster youth.

Website: <http://www.texasfosteryouth.org>

Texas Youth Connection

Provides benefits and other information for youth aging out of care in Texas.

Website: <http://www.dfps.state.tx.us/txyouth>

Youth Resource Center at LifeWorks

(512) 735-2180

(for non-foster care youth, too)

After Care Transitional Services, local workforce partnership, GED prep classes, case management & counseling, access to computers, and job search information.

8913 Collinfield Dr., Austin 78758

Website: <http://www.lifeworksaustin.org>

GLBTQ SUPPORT (GAY, LESBIAN, BISEXUAL, TRANSGENDERED, & QUESTIONING)

ALLGO

(512) 472-2001

This is an organization for GLBTQ people of color. ALLGO seeks to identify LGBT people of color priorities and strategies as they relate to anti-violence and immigrant/refugee rights.

701 Tillery St., Austin, TX 78702

Website: <http://www.allgo.org>

Ambiente Joven

This is a Spanish language site for Latino/a LGBTQ youth on sexual health issues and issues of concern.

Website: <http://www.ambientejoven.org>

Equality Texas

(512) 474-5475

Advocates and lobbies for the elimination of discrimination based on sexual orientation and gender identity/expression.

Website: <http://www.equalitytexas.org>

GLBT National Help Center

(800) 246-7743 (Toll Free)

Telephone and email peer-counseling, factual information, and local resources for cities across the United States

Website: <http://www.glnh.org/talkline>

GLBTQ Peer Listening Line

(800) 399-7337 (Toll Free)

Help, information, referrals, and support for a range of issues.

National Youth Advocacy Coalition

A national social justice organization working with LGBTQ young people to strengthen the role of youth in the LGBTQ movement.

Website: <http://www.nyacyouth.org>

Out Youth

(512) 419-1233

Peer support groups, counseling, educational programs, social activities and community outreach for gay, lesbian, bisexual, transgender, and questioning youth 12 to 19 in Austin and Central Texas.

909 E. 49 ½, Austin, TX 78751

Website: <http://www.outyouth.org>

Pflag Austin

(512) 302-3524

For parents or family members seeking information about how to support GLBTQ youth in your life or to get support for yourself.

Website: <http://pflagaustin.org/>

The TREVOR Project

(866) 488-7386 (Toll Free)

Text TREVOR to (202) 304-1200

Help for lesbian, gay, bisexual, transgender and questioning youth. Trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. TrevorChat is a free, confidential and secure instant messaging service that provides live help to LGBTQ youth. Available 7 days a week (3:00 p.m. - 9:00 p.m. ET / 12:00 p.m. - 6:00 p.m. PT). TrevorText is a confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages. Available on Fridays (4:00 p.m. - 8:00 p.m. ET / 1:00 p.m. - 5:00 p.m. PT). Text the word "Trevor" to 1-202-304-1200. Standard text messaging rates apply.

Waterloo Counseling

(512) 444-9922

Support and provide services to gay, lesbian, bisexual, transgender, and questioning youth ages 12 to 19 in Austin and Central Texas. We offer peer support groups, counseling, educational programs, social activities and community outreach.

314 E Highland Mall Blvd #301, Austin, TX 78752

Website: <http://www.waterloocounseling.org>

RESOURCES FOR BASIC NEEDS/FINANCIAL ASSISTANCE

Jonestown Community Center – Travis County Health and Human Services and Veterans Service

(512) 854-1500

On-staff social worker provides clinical case management services to any residents of Travis County who want to develop a plan and create change in their lives. All Travis County residents are eligible to receive social work services; however eligibility criteria do apply for financial assistance and other programs. Services include:

- One Time Rent/Mortgage Assistance
- Financial Assistance for Utilities
- Home Repairs and Energy Efficiency Home Repair
- Clothing Closet
- Social Work Services
- Case Management Services
- Brief Counseling Services

18649 FM 1431 Ste. 6A, Jonestown, TX

Website: <https://www.traviscountytexas.gov/health-human-services/individuals-families/jonestown>

St. Mary, Our Lady of the Lake Catholic Church - Society of St. Vincent de Paul

(512) 267-2644

Call to make an appointment Monday-Friday, 9:30am -3pm; Church volunteers visit clients in their homes. Provides emergency financial assistance for people living within service area. Provides assistance with rent, utilities, and gasoline.

6100 Lohman Crossing Rd., Lago Vista, Texas 78645

All Saints Episcopal Church

(512) 476-3589

Sign up for assistance in person on Tuesday mornings at 6 a.m. only. Call first, on any day, to see how long the current sign-up list is. Provides limited financial assistance, usually no more than \$20-30, to help pay for: utilities, housing expenses, medical expenses, transportation expenses, education expenses, work boots, etc.

209 West 27th Street, Austin, Texas 78705

Austin Resource Center for the Homeless

(512) 305-4100

Provides emergency shelter.

400 Nueces, Austin, Texas 78701

Caritas of Austin

(512) 472-4135

Monday, Wednesday, Thursday - 8am – 4:45pm.

Tuesday - 8am – 6:45pm.

Friday - 8am – 11:45am.

Provides financial assistance with rent for eligible people who have lived in their housing for a minimum of 30 days.

Assistance with current month only.

611 Neches Street, Austin, Texas 78701

El Buen Samaritano

(512) 439-0700

Provides emergency assistance with groceries, clothing, and health services.

7000 Woodhue Drive, Austin, Texas 78704

Gethsemane Lutheran Church

(512) 836-8560

Tuesday - 1:30pm - 3:45pm.

Provides assistance with food and clothing. Food pantry provides ingredients for 2-3 meals and may be accessed up to every 60 days.

200 West Anderson Lane, Austin, Texas 78752

Greater Mt. Zion Church Community Assistance Center

(512) 469-9020

Must Schedule an Appointment. Provides limited financial assistance with rent, water, gas, and past due electric bills. Also assists with single-use bus passes on a case-by-case basis.

1809 Pennsylvania Avenue, Austin, Texas 78702

Holy Cross Catholic Church - Society of St. Vincent de Paul

(512) 472-7210

Tuesday, Thursday - 9am – 11:30am.

Provides emergency financial assistance with rent and utilities (gas, water, electricity). Provides vouchers for clothing, food, and furniture to be used at the St. Vincent de Paul Thrift Store.

1610 East 11th Street, Austin, Texas 78702

Immanuel Lutheran Church

(512) 251-4168

Wednesday - 1pm – 4pm.

Provides financial assistance for rent and utilities (gas, electric, water). Assistance is usually for no more than \$50. Funds are usually depleted by July of each year. Must visit the North Rural Community Center in person for a referral: 15822 Foothill Farms, Pflugerville, TX 78660 (located just north of FM 1825).

500 Immanuel Road, Pflugerville, Texas 78660

Lake Travis Crisis Ministries

(512) 266-9810

Wednesday - 5:30pm – 7:30pm.

Thursday - 10am – 12pm.

Provides limited financial assistance for rent, mortgage, utilities (electric, water, and gas), gasoline, eyeglasses, long-distance bus tickets, and the cost of a GED test.

107 South RR 620 Suite 112, Austin, Texas 78734

Manos de Cristo

(512) 477-7454

Tuesday, Wednesday, Thursday - 8:30am -11:15am.

Provides a clothing closet offering gently used clothing for infants, children and adults, depending on availability. Women may select 2 outfits; men may select one outfit, plus one additional shirt; and children may select 1 outfit.

4911 Harmon Avenue, Austin, Texas 78751

Master's Hand

(512) 832-781

Monday - 9am – 1pm.

Provides a food pantry and clothing closet. Clothing closet may have adult and children's clothing, baby clothes, work clothing, and work shoes/boots, depending on current stock.

202 W. Elliott Street, Austin, Texas 78753

North Austin Christian Church

(512) 836-3282

Monday - 6:30pm -8:30pm.

3rd Friday of the month - 2pm – 3pm.

Provides a food pantry for people in need. Food is distributed at the rear of the church. Sometimes carries a limited supply of baby formula, baby food, and diapers.

1734 Rutland Drive, Austin, Texas 78758

Our Lady of Guadalupe Catholic Church

(512) 478-7955

Tuesday, Wednesday, Thursday – 9am – 12pm.

Provides limited emergency financial assistance for rent and utilities (electric, water, gas).

1206 East 9th Street, Austin, Texas 78702

Salvation Army Social Services Center

(512) 476-1111

Services provided for ANYONE: Dinner, message board, individual PO Box, shoes, job resource information, showers, laundry facilities, and TV viewing.

501 East 8th Street, Austin, Texas 78701

San Francisco Javier Catholic Church - Society of St. Vincent de Paul

(512) 243-3603

Monday-Friday - 10am – 3pm.

Provides emergency financial assistance with portion of rent and utilities (gas, electric or water), and partial assistance with prescriptions. Provides gasoline assistance in some emergencies.

9110 Hwy. 183 South, Austin, Texas 78747

Shoreline Christian Center

(512) 983-1048

Monday, Tuesday, Thursday, and Friday -10am -4pm.

Saturday -11:30am.

Provides assistance with food, clothing, IDs, job placement, transitional housing referrals and SSDI attorney referrals. On Saturdays, provides a full worship and hot meal service.

St. Elizabeth Catholic Church - Society of St. Vincent de Paul

(888) 801-7837

Food pantry: Monday, 6pm – 7pm; Thursday - 7:30am-11am.

Financial assistance: Answering machine is active Monday-Friday, 10am – 3pm.

Provides emergency financial assistance with electric, water, gas, and prescription bills. Also may provide clothing and household goods vouchers.

1520 North Railroad Avenue, Pflugerville, Texas 78660

St. Louis Catholic Church

(512) 419-1667

Monday-Friday - 9:30am-12pm.

Provides emergency financial assistance on a case-by-case basis with rent, rental deposit, mortgage, utilities (electric, water, gas), prescription drugs, eyeglasses, IDs/birth certificates, single-use Capital Metro bus passes, cost of a GED test, and criminal background check fees.

7601 Burnet Road, Austin, Texas 78757

St. Matthew's Episcopal Church

(512) 345-8314

Call Thursday 9am -12pm. Provides assistance with rent, water, electric and gas bills. Rent needs to be past due. Will not help with closed utility accounts. May help with payment for transitional housing if individual has lived in the housing for at least 90 days. Committee takes 30 days to process requests for assistance.

8134 Mesa Drive, Austin, Texas 78759

St. Paul Catholic Church - Society of St. Vincent de Paul

(512) 280-4460 ext. 120

Monday, Tuesday, Thursday – 9am - 12pm.

Provides emergency financial assistance with rent, rental deposit, first month's rent, mortgage, utilities (gas, electric, water), and prescriptions.

10000 David Moore Road, Austin, Texas 78748

St. Theresa Catholic Church - Society of St. Vincent de Paul

(512) 451-5121

Calls accepted every day, 9am -5pm; Messages are forwarded to volunteers once a week to return calls. Provides emergency financial assistance with rent (including for transitional housing/shelter), rental deposits, first month's rent, mortgage, motel vouchers, utilities (electric, gas, water), telephone bills, utility/telephone hookup fees, prescription drugs, gasoline vouchers, moving costs, eyeglasses, contact lenses, and eye exam bills.

4311 Small Drive, Austin, Texas 78731

Texas Department of State Health Services

Provides TANF, Medicaid, and food stamps. Emergency assistance referrals.

1165 Airport Blvd. (78702)(512) 929-7330

1601 Rutherford Ln. (78754).....(512) 339-8868

724 Eberhart Ln. (78745).....(512) 445-0022

Website: <http://www.dshs.state.tx.us>

Travis County Family Support Services

(512) 854-9130

Provides emergency assistance to Travis County Residents with low income. Includes clothing, rent, utilities, prescription expense, diapers, and food.

2201 Post Rd. #200, Austin, TX 78704

Website: http://www.co.travis.tx.us/health_human_services/family_support_services

The Helping Hands Center

(512) 472-2298

Tuesday - 9am -12pm.

1st and 3rd Saturday of the month – 9am -12pm.

Provides a clothing closet for Travis County residents in need. People may access the clothing closet once every month.

1161 San Bernard Street, Austin, Texas 78702

Trinity Center at St. David's Episcopal Church

(512) 617-0945

Provides financial assistance to people who are experiencing homelessness or poverty. On Thursdays, assists up to 10 people with identification cards, birth certificates, and prescription co-pays. Also provides a lottery for 24-hour Capital Metro bus passes for up to 30 people.

304 East 7th Street, Austin, Texas 78701

University Avenue Church of Christ

(512) 476-9584

Families may call to make appointments for the current week (Do not leave message on machine): Monday - 9am-12pm.

Provides limited amounts of financial assistance for rent, mortgage, gas, electricity, water, prescriptions, medical bills, orthopedic shoes, glasses, Texas ID cards, birth certificates, criminal background check fees and other emergency needs.

1903 University Avenue, Austin, Texas 78705

University United Methodist Church

(512) 478-9387

Saturday - 9:30am -11am.

Provides free clothing for children, and clothes for men and women (limit to 3 outfits/items per week). May also provide household items if available (very limited supply).

2409 Guadalupe Street, Austin, Texas 78705

Westover Hills Church of Christ

(512) 345-6386

Appointments on 2nd and 3rd Thursday of month – 1pm - 4pm.

Call the prior Tuesday, 8:30 a.m. to schedule appointment; Accepts first 15 calls. Provides a food pantry and some rental and utility assistance when funds are available.

8332 Mesa Drive, Austin, Texas 78759

WIC (Women, Infants, & Children) Program

(800) 942-3678

(512) 972-4942

Offers breastfeeding and nutrition information, immunizations, and vouchers for nutritious foods and baby formula.

JOB READINESS, TRAINING, & RESOURCES

Arthur B. DeWitty Job Training Center

(512) 472-5718

Offers the opportunity to apply for Austin City jobs.

2209 Rosewood Avenue Suite 210, Austin, Texas 78702

Monday - 8am-5pm

Tuesday - 8am-12pm

Wednesday - 9 am-6pm

Thursday, Friday - 8am-4pm

Austin Academy

(512) 326-8655

Offers job training.

2101 South I-35 #109, Austin, Texas 78741

Austin Area Urban League

(512) 478-7176

Offers job readiness, training and placement counseling, employment board and referrals.

1033 La Posada Drive, Austin, Texas 78752

Capital IDEA

(512) 457-8680

Provides long-term job training and support services to adults. Monday-Friday, 8am – 5pm.

P.O. Box 1784, Austin, Texas 78767

Childcare Solutions (Workforce Solutions)

(512) 597-7191

Monday-Thursday - 7:30am - 6:30pm.

Friday - 8am – 5pm.

Provides subsidized childcare assistance for eligible families with low to moderate income.

6505 Airport Blvd. Suite 101-C, Austin, Texas 78752

Construction Gateway Training Program

(512) 381-4214

Provides free intensive preparation and transition into high-demand construction trades. Counseling, job placement, and personal development offered.

4175 Freidrich Lane #200, Austin, Texas 78744

(DARS) Texas Department of Assistive and Rehabilitative Services

(800) 628-5115 (Toll Free)

Offers job placement, counseling & guidance, deaf interpreter, assisting device, and training for people with mental or physical disability to enable them obtain employment.

4800 N. Lamar Blvd, Austin, TX 78756

Website: <http://www.dars.state.tx.us>

Dress for Success

(512) 916-4322

Monday, Wednesday – 10am – 2pm.

Tuesday, Thursday - 10am – 7pm.

1st and 3rd Saturday of the month 10am – 2pm.

Provides interview suits, confidence enhancement, and career development for women with low income who are seeking employment. Clients receive one suit when they have a job interview and a second suit when they obtain employment.

701 Tillery A-5, Austin, Texas 78702

Easter Seals - Workforce Development Program

(512) 440-7819

Provides on-the-job training, supported employment, and support services for adults.

315 East St. Elmo, Austin, Texas 78745

Ecology Action of Texas - Work Adjustment Training Program

(512) 322-0000

Provides vocational training and work experience for people with disabilities.

707 East 9th Street, Austin, Texas 78701

Lisa's Hope Chest

(512) 457-0999

Tuesday, Thursday - 4:30pm -7pm.

Saturday – 10am -2pm.

Provides gently-used men's and women's professional clothing for people seeking employment and for people recently employed but without funds to purchase new clothing.

3110 Manor Road Suite A, Austin, Texas 78723

Project Rio

(800) 453-8140 (Toll Free)

Provides employment services, job referrals, and case management for ex-offenders.

101 East 15th Street - Room 506-T, Austin, Texas 78778

Texas Workforce Commission - WorkSource

(512) 381-4200

Monday-Thursday - 7:30am - 6:30pm.

Friday - 8am - 5pm.

Provides job search seminars, on-site interviews by various employers, use of technology, and access to job bank databases.

4175 Freidrich Lane #200, Austin, Texas 78744

Workforce Development Centers – Rural Capital Area

(866) 518-0575 (Toll Free)

Provides employment related services that include career information, job search assistance and job listings.

Website: <http://www.workforcesolutionsrca.com/>

HEALTH RESOURCES

Austin Travis County Medical Assistance Program (MAP)

(512) 972-5300

Program pays for medical and dental care for eligible Austin and Travis county residents with low income. Some services require a copayment, and all services must be obtained through MAP network providers.

1111 E. Cesar Chavez, Austin, Texas 78702

Austin/Travis County Health & Human Services Health Centers - North Rural Center

(512) 251-6094

Provides primary health care services. Monday-Friday - 8am – 5pm.

15822 Foothill Farms, Pflugerville, Texas 78660

Blackstock Family Health Center

(512) 324-8600

Call to make an appointment. Monday-Friday - 8am – 5pm. Provides general outpatient medical services in a primary care setting. Includes physical exams (well-child and well-woman), treatment for acute illnesses and injuries, care for chronic illnesses, immunizations (including flu and hepatitis), and laboratory services(diabetes management education and medication reviews), gynecology, pregnancy testing, family planning information, prenatal care, pediatrics and mental health counseling.

1313 Red River Suite 100, Austin, Texas 78701

Central Health Eligibility Services

(512) 978-8130

Assist Travis County residents in finding the right health care coverage, including:

- Medical Access Program (MAP)
- Medicaid
- Children's Health Insurance Program (CHIP)
- CHIP Perinatal
- Health Insurance Marketplace

Immunization Branch

(512) 458-7284

Provides information by phone related to immunizations for children and adults.

1100 West 49th Street, Austin, Texas 78756

Manos de Cristo Dental Clinic

(512) 477-2319

Children ages 5 and older are seen on a walk in basis, first 20 patients, on Tuesday and Thursday beginning at 8 a.m. Offers low-fee dentals services.

1201 East Cesar Chavez Austin, Texas 78702

Medicaid/STAR Health

(866)-912-6283

Health insurance provider for foster youth.

Dental Services (Star Dent)	(866) 287-3419
(IMH-Integrated Mental Health)	(866) 218-8263
Pharmacy Services	(800) 252-8263
Vision care	(866) 642-8959
24 Hour Nurse Line	(866) 912-6283 #7
Medical Transportation Program	(877) 633-8747
Member Advocate/Region 7	(866) 912-6283
Family Planning Services Smart Start Program	(866) 912-6283
Traditional Medicaid Health Program	(800) 925-9126

People's Community Clinic

(512) 478-4939

Provides a confidential, full-service health clinic for adolescents, ages 11-19. Focus is on treating the whole person. Provides complete physical exams, prenatal care, family planning, and sports physicals.

2909 N. I-35, Austin, Texas 78722

Planned Parenthood of the Texas Capital Region

(512) 275-0171

All services confidential. Family planning, pregnancy tests and exams, birth control education; referrals for social services.

Downtown Center/ Teen Clinic..... (512) 477-5846

1823 East 7th St., Austin, TX 78702

North Clinic (512) 331-1288

Research Blvd., Ste. 250, Austin, TX 78758

Website: <http://www.ppaustin.org>

Quality Vision Eyewear

(512) 462-0001

Provides low-cost eye exams and eyeglasses for people receiving Medicaid and post-surgery Medicare.

2800 South IH-35 #125, Austin, Texas 78704

RBJ Clinic

(512) 972-4820

Provides free HIV and STD testing.

15 Waller Street, Austin, Texas 78702

Royal Eyes - Discount Eyewear Program

(512) 458-3937

Provides discounted eyewear for people with low income.

9515 North Lamar #136, Austin, Texas 78753

Shots for Tots

(512) 972-5520

Provides free immunizations, Hepatitis A and B vaccinations, and tuberculosis screening.

1000 Toyath Street, Austin, Texas 78703

Volunteer Healthcare Clinic of Austin

Provides access to high quality health care and prevention education for eligible patients. To be eligible, a patient must:

- Have no form of health insurance or health care coverage (i.e. no MAP, Medicaid/CHIP, private insurance, etc.)
- Meet income guidelines (less than 200% of the Federal Poverty Income Level)
- Present a Photo ID
- Present Proof of current Travis County address (ID, utility bill, lease agreement, etc.)
- Walk-In Clinic for Acute/Primary Care - Tuesday & Thursday evenings at 6:00 pm

4215 Medical Parkway, Austin, Texas 78756

Phone: (512) 459-6002

Email: info@volclinic.org

Website: <http://www.volclinic.org/>

WIC (Women, Infants, & Children) Program

(800) 942-3678 (Toll Free)

(512) 972-4942

Offers breastfeeding and nutrition information and vouchers for nutritious foods and baby formula.

WIC Immunization Program

(800) 942-3678 (Toll Free)

Provides free immunizations to children participating in the WIC program.

LEGAL RESOURCES

Attorney General's Office – Child Support Enforcement

(800) 252-8014

Assistance in establishing or collecting child support payments, establishing paternity or locating absent parent.

Website: <https://www.oag.state.tx.us/cs/about/index.shtml>

Texas Department of Health – Bureau of Vital Statistics

(888) 963-7111

Birth, death, marriage, divorce records as requested. Fees for copies; some record requests will require I.D. Call for information on hours, fees, record waiting periods, etc.

1100 W 49th St, Austin, TX 78756

CASA of Travis County

(512) 459-2272

Court appointed advocates for cases of child abuse and/or neglect.

7701 N Lamar Blvd, Ste 301, Austin, TX 78752

Website: <http://www.casatravis.org>

Family Law Hotline - Austin

(512) 476-1866

Provides free legal advice related to family law. Callers may also be referred to attorneys who give free 30-minute consultations or agencies that provide free representation.

Website: <http://www.texasadvocacyproject.org/>

Family Violence Legal Line - Austin

(512) 476-5770

Provides free legal advice regarding matters of domestic violence, family law, divorce, and child custody, physical or sexual abuse of children.

Social Security Administration

(800) 772-1213 (Toll Free)

Provides Social Security/SSI information as well as applications for Social Security card.

1029 Camino La Costa, Austin, TX 78752 (512) 206-3700

104 Parkview Dr, Georgetown, TX 78626 (512) 869-0886

Website: <http://www.ssa.gov>

Teen Justice Initiative

(512) 225-9579

Advocates for survivors of teen dating violence.

Texas Advocacy Project

Provides free legal services to victims of domestic violence and sexual assault.

Family Violence Legal Line (512) 476-5770

Family Law (512) 476-1866

Sexual Assault Legal Line (512) 225-9290

Website: <http://www.texasadvocacyproject.org/index.php>

Texas Department of Health Services – Birth Certificates

Birth certificates for persons born in Texas. Can be ordered online.

1100 West 49th St, Austin, TX 78756

Website: http://www.dshs.state.tx.us/vs/reqproc/certified_copy.shtm

Texas Foster Youth Justice Project

(877) 313-3688 (Toll Free)

Help current and former foster youth understand their legal rights, provide legal advice, assistance, and guidance and representation in enforcing foster youth rights.

Website: <http://www.texasfosteryouth.org>

PREGNANCY & PARENTING RESOURCES

Breastfeeding/Nutrition

La Leche League

(847) 519-7730

(800) 525-3243

Support groups with information on breast feeding and parenting. To talk to an accredited leader, for location and times:

Website: <http://www.lalecheleague.org>

Mom's Place (WIC Breastfeeding Resource Center)

(512) 719-3010

Breastfeeding information is available to public by calling Mom's Place. Private consultations are available for all mothers with WIC and Medicaid benefits; call ahead for an appointment.

8701 B. Research Blvd, Austin, TX 78758

Pflugerville Pregnancy Resource Center

(512) 670-1777

Monday, Wednesday, Thursday – 10am – 5pm.

Saturday – 10am – 2pm.

Provides free and confidential services for women experiencing an unplanned pregnancy. General services include pregnancy testing, non-medical sonograms, adoption counseling, lay counseling, home visits, maternity clothing, baby clothing, other baby items when available (formula, diapers, new or gently used blankets, sheets, walkers, cribs, strollers, and car seats by donation), referrals to agencies that perform STD testing and referrals to other community agencies. Educational services include classes on parenting, budgeting, and bible study. Clients have access to a computer lab.

101 North 3rd Street, Pflugerville, Texas 78660

WIC (Women, Infants, & Children) Program

(800) 942-3678

(512) 972-4942

Offers breastfeeding and nutrition information, immunizations, and vouchers for nutritious foods and baby formula.

Parenting Classes

Austin Child Guidance Center

(512) 451-2242

"Moving Through" class for divorcing parents.

Center for Child Protection—Parenting Education Classes

(512) 472-1164

This program is designed to assist parents in developing the skills and tools necessary to feel more successful as a parent. The Parenting Education Class is appropriate for any parent/caregiver who is open to learning additional skills/tools for improving their relationship with and ability to manage children. A therapeutic component is involved in each session to address family of origin issues, identifying protective factors and risk factors, recognizing triggers, and changing negative cycles of interaction between family members. Classes meet on Tuesday nights from 6:00 to 7:30 p.m. in 7-week sessions. A Thursday morning class from 9:30 to 11:00 a.m. will also be offered. Childcare for younger children is available. Client must contact (512) 472-1164 to register.

Website: <http://www.centerforchildprotection.org/>

Center for Successful Fathering

(512) 335-8106

Seminars and materials on fathering.

Child Inc.

(512) 451-7361

Early childhood education Head Start Program.

Website: <http://www.childinc.org>

Children in the Middle

(512) 451-7337

Parenting skills and support for divorcing couples.

ECI (Early Childhood Intervention) – Infant Parent Program

(512) 472-3142

Works with families with children who have developmental delays (birth to 3 years of age). Currently serving community with home visitors. Service based on client's zip code. Bilingual services available.

1717 West 10th St, Austin, TX 78703

Website: <http://www.integralcare.org>

Jewish Family Services

(512) 250-1043

Counseling, support groups, and parenting seminars are offered.

Website: <http://www.shalomaustin.org>

Lifeworks Teen Parent Program

(512) 735-2119

Program for teen fathers and teen mothers. Call for services.

Website: <http://lifeworksaustin.org/>

Texas Fatherhood Initiative

(512) 453-5056

Resource center to raise public awareness on responsible fathering.

Website: <http://www.fatherhood.org>

YWCA-Common Ground Program

(512) 326-1222

Cooperative Parenting and Divorce, a Common Ground parenting program, offers a quarterly parenting program designed for separated and divorced parents. The program focuses on letting go of negative feelings, how these feelings affect the children, and better strategies for parents to use.

Website: <http://www.ywcaustin.org>

Pregnancy Support

Agape Pregnancy Resource Center

(512) 248-8200

Provides free, confidential, faith-based services for women experiencing an unplanned pregnancy. Offers information on pregnancy, adoption, and parenting support.

104 E. Main St, Round Rock, TX 78664

Website: <http://www.agapeprc.org>

Any Baby Can Child & Family Resource Center

(512) 454-3743

Prenatal and parenting program, Healthy and Fair Start Program, ECI-- Early Childhood Intervention, Community Classes—ESL, Parenting Classes, parent resource library, toy lending library, and food pantry (for clients only).

1121 E. 7th, Austin, TX 78702

Website: <http://www.abcaus.org>

Annunciation Maternity Home

(512) 864-7755

Free full service home for young women (14 years and up) who are in crisis pregnancies.

3610 Shell Rd, Georgetown, TX 78628

Website: <http://www.thematernityhome.org>

Austin Pregnancy Resource Center

(512) 476-7774

Confidential services. Free pregnancy tests, free ultrasound. Parenting classes, life skills classes, and computer lab / classes to enhance career growth. Adoption referrals.

2717 Rio Grande, Austin, TX 78705

Website: <http://www.austprc.org>

El Buen Samaritano Episcopal Center

(512) 439-0700

Offers classes in ESL, citizenship (English), GED (English), Adult Basic Education (Spanish), and computer skills (Spanish). Also offers childbirth education classes.

7000 Woodhue Austin, Tx78745

Website: <http://www.elbuen.org>

Gabriel Project Life Center

(512) 236-0144

Matches volunteers with women in any stage of pregnancy as mentors. May also assist with baby and toddler items.

1625 Rutherford Lane, Austin, TX 78754

Website: http://www.austindiocese.org/gabriel_project.php

Hispanic Prenatal Helpline

(800) 504-7081 (Toll Free)

Provides toll free helpline that answers questions regarding pregnancy in both English and Spanish. Offers referrals to local prenatal health care service providers.

LifeWorks Teen Parent Services

(512) 735-2100

Case management services to expectant/parenting teens in Austin/Travis County to encourage teens to stay in school, to prevent subsequent pregnancies, and teach positive parenting skills.

835 N Pleasant Valley Rd, Austin, TX 78702

Website: <http://www.lifeworksaustin.org>

Lutheran Social Services

(512) 459-1000

Counseling for unplanned pregnancy, adoption counseling, foster care treatment centers.

8305 Cross Park Drive Austin, TX 78754

Website: <http://www.lsss.org>

Marywood Children and Family Service

(512) 472-9251

Parenting videos, birthing classes, and counseling, Advocacy, education and referral services

1625 Rutherford Ln., Austin, TX 78754

Website: <http://www.marywood.org>

Planned Parenthood of the Texas Capital Region

(512) 275-0171

All services are confidential and include family planning, pregnancy tests and exams, birth control education, and referrals for social services.

Downtown Center/ Teen Clinic..... (512) 477-5846

1823 East 7th St, Austin, TX 78702

North Clinic (512) 331-1288

Research Blvd., Ste. 250, Austin, TX 78758

Website: <http://www.ppaustin.org>

Sarah's House

(512) 219-8322

Provides a Christian program for expectant, single mothers. The home houses adult women, ages 18 and older, and provides shelter and encouragement for women.

12170 Pond Springs Rd., Austin, TX. 78729

Website: <http://www.breathoflifesite.org>

Child Safety

Child Protective Services

(800) 252-5400 (Toll Free)

Investigates reports of abuse and neglect of children

Poison Control Center

(800) 222-1222 (Toll Free)

24-hour emergency service hotline for poison related assistance

Texas Department of State Health Services – Safe Riders

(800)-252-8255 (Toll Free)

Providing information and training on car seat safety. Also offer safety seat distribution programs.

Website: <http://www.dshs.state.tx.us/saferiders/distribution>

Child Care

Childcare Solutions (Workforce Solutions)

(512) 597-7191

Monday-Thursday - 7:30am - 6:30pm.

Friday - 8am – 5pm.

Provides subsidized childcare assistance for eligible families with low to moderate income.

6505 Airport Blvd. Suite 101-C, Austin, Texas 78752

TRANSPORTATION

CARTS – Rural Bus Service

(512) 478-7433

Provides feeder connections with Express/Park and Ride buses.

Capital Area Rural Transportation System

Phone: (800) 456-7433 (RIDE)

Medicaid – Medical Transportation Program

(877) 633-8747 (Toll Free)

Provides transportation services for persons that do not have transportation to medical appointments through Texas Medicaid program.

Website: <http://www.dshs.state.tx.us/cshcn/mtp.shtm>

Texas Department of Aging and Disability Services

Provides assistance with arranging transportation to medical appointments and other related services for Texas residents aged 60 or older.

Website: <https://www.dads.state.tx.us/services/transportation.html>